



## COVID-19 Alert Level 2 & 1

## Advice for Youth Ministry

### INTRODUCTION:

Resuming Youth Ministry in person is desperately needed but has to be done carefully, respecting the guidelines set out by NZ Government. As a nation we have come along way in the COVID19 journey and we are not wanting to compromise the ground we have made in anyway. This is a document aimed to give some practical suggestions and is aligned with Government recommendations in the different Alert Levels 2 and 1. As you deliver Youth Ministry within your Diocese, be aware some Diocese have also released some clear Policies and this is not meant to cause confusion in anyway. These are guidelines for use within your own setting but are subject to practices set by the Diocese you are in, any advice given by Tikanga Pakeha Ministry Council or General Synod

These are guidelines only and there must be room to accommodate and respond to changes in community transmission rates and the associated changes in advice from Government and Public Health Authorities.

Here is a link for the Govt pdf on guidelines for different Levels

<https://covid19.govt.nz/assets/resources/tables/COVID-19-alert-levels-detailed.pdf>

Whatever Alert Level NZ is in ....

No young Person or Youth Leader should come to any Youth Event if they have been unwell in last 14 days

No young Person or Youth Leader should come to any event if they have had contact with a known or suspected case of COVID-19.

Any one presenting at event with temperature, runny nose or respiratory symptoms (even if mild) should be considered a potential COVID19 case and the following steps taken ...

1. A mask should be given to unwell person
2. Isolate person immediately from rest of group
3. If it is a young person, leave a leader with this young person to encourage, support and reassure them

This leader is to wait with the young person and is to have a mask and remain 2 metres apart from young person.

4. Contact family and arrange to for them to pick up young person as soon as possible asking them to seek medical assessment for young

person. Ask them to remain in car and text when they are outside, leader assigned to unwell sick person is to escort them to car

and thank and connect with family, ensuring social distancing is 2 metres is maintained

- 5 After young person leaves, leader is to wash hands thoroughly, remove mask and clean any hard surfaces in room used for isolation or touched by young person eg door handles.

Every person presenting with symptoms are to have COVID-19 excluded and be medically cleared by a doctor prior to returning to group

Below there are descriptions of each level and suggestions on how to run Youth Ministry safely in Alert Level 2 and 1

*There may be a more gradual progression between levels in which case we are to follow advice set by Government*

## **Level 2:**

### **Level 2- Reduce**

The disease is contained but the risk of community remains

### **ENJOY EVENT – HEAD HOME**

In Level 2 the approach to running Youth events is to focus on creating COVID19 safe environments and practices

and to “**Enjoy Event – Head Home**”, ensuring there is not prolonged periods of unstructured time together.

Youth Ministry in Level 2 is about creating opportunities for young people to connect with God and each other,

but in an controlled environment and over a controlled timeframe.

Summary of Youth Ministry at Level 2 See separate Description Chart for details

<b>Young People</b>	Youth Group <i>suggest no more than 1.5 hours social distancing Until 28 May... group meetings to be no larger than 10 people</i>	Small Groups <i>Social distancing keep groups no larger than 10 people</i>	Mentoring <i>social distancing</i>	Worship Team <i>social distancing Practices under 2 hrs</i>	<b>No Camps</b>	Schools <i>less than 2 hrs in school social distancing Until 28 May... contact with groups no more than 10 people</i>
<b>Youth Leadership</b>	Leadership Team Meetings <i>less than 2 hours social distancing Until 28 May... no more than 10 people</i>	Supervision <i>social distancing</i>	Training Sessions <i>less than 2 hours social distancing Until 28 May no more than 10 people</i>	Networking <i>social distancing Until 28 May... no more than 10 people</i>	<b>No Camps</b>	Office <i>social distancing Until 28 May... no more than 10 people</i>

## **Level 1:**

### **Level 1- Prepare**

The disease is contained in New Zealand

In Level 1 there are no restrictions to gatherings and joining together which is great news for Youth Ministries

Youth Ministry in Level 1 is about creating opportunities for young people to connect with God and each other,

with a greater sense of freedom than in other Levels. Even in Level 1 though Youth Ministries are being asked to be aware of how they are running and continue practices that continue to create a COVID19 safe environment

<b>Young People</b>	Youth Group	Worship Teams	Small Groups	Mentoring	Camps ? tbc	Schools	Sports
<b>Youth Leadership</b>	Leadership Team Meetings	Supervision	Training Sessions	Networking	Office	Camps ? tbc	

<b>DESCRIPTION CHART</b>	<b>LEVEL 2</b> to be amended as required	<b>LEVEL 1</b> to be amended as required
<p><b>Preparation</b></p> <p><i>Preparation for restarting person to person Youth Ministry is vital</i></p>	<p>Preparation needs to include...</p> <ol style="list-style-type: none"> <li>1. Assessment and setting up of the environment and location used</li> <li>2. Have a plan for use of venue, minimising unnecessary contact in entrance to buildings, bathrooms, kitchens, and any communal areas.</li> <li>3. Have a plan to ensure gatherings equal the numbers allowed by govt eg until 28 May no more than 10 people</li> <li>3. Have an isolation area set aside incase anyone unwell appears at event</li> <li>4. Pre-arrange good scheduling of access to the building with other groups who may use the same venue eg wider church family to ensure good hygiene &amp; social distancing.</li> <li>5. Educating Youth Leaders, young people and their families. This will include the setup of and use of venue, plan for event, expectations for young people plan for arrivals, sign in and pickups.</li> <li>6. Arrange Entering Protocol Have set times for events and set protocols for dropping off or arriving at events and clear pick up systems. Have 1 adult allocated to welcoming young people outside main doors 20 mins prior to event beginning This adult is to ensure social distancing is maintained as people arrive , and ensure that every young person is signed in electronically <i>Upto date contact details, emergency contact details &amp; addresses is required for every young person &amp; adult attending events</i> <i>This is important in case contact tracing is required.</i></li> </ol>	<p>*Be prepared, and be vigilant</p> <p>*Continue to plan for isolating and managing any person who may appear at event unwell</p> <p>*All gatherings should record attendees to ensure contact tracing can be conducted if necessary.</p>

<p><b>General Description</b></p>	<p><u>Gatherings</u></p> <p>*Gatherings to be less than 1.5 hours long <i>(to ensure there is time for controlled entry into event and pick up time and still remain under 2 hours set by Government)</i></p> <p>*Until 28 May Groups of less than 10 people are acceptable as long as public health measures can be maintained.</p> <ol style="list-style-type: none"> <li>1.Keep all hard surfaces clean before, during and after event</li> <li>2. Wash hands frequently and have hand sanitiser available through out venue in multiple locations. Everyone to hand sanitise as enter event cough into elbow, don't touch your face.</li> <li>3. Social distancing of 1 metre must be maintained at all times including bathrooms. Capacity of venue used will determine size of group at event.</li> <li>4. If event run indoors, seat those gathered for as much of the event as possible</li> </ol> <p>*Food and Drinks</p> <ol style="list-style-type: none"> <li>1.Food to be prepared on sight by delegated people</li> <li>2.Food to be served individually</li> <li>3.No buffet</li> <li>4.No food laid out for individuals to reach &amp; touch eg biscuits/ slices not on 1 plate</li> <li>5. Avoid individuals pouring own drinks</li> </ol> <p>Suggestions instead</p> <ul style="list-style-type: none"> <li>-pre-set serviettes out with a drink &amp; 2 biscuits or</li> <li>-2 gloved servers across counter 1 metre away 1 pouring drinks, 1 distributing serviettes &amp; biscuits</li> </ul> <p>*Activities</p> <ol style="list-style-type: none"> <li>1. Non-contact games and activities <ul style="list-style-type: none"> <li>- participants to be 1 metres apart at all times</li> <li>- Accidental contact may occur but no deliberate body contact activities</li> <li>- if equipment is used in event thoroughly disinfect clean prior to use and after event</li> </ul> </li> <li>2. Indoor/outdoor activity that can be conducted in small groups (less than 100 with adequate spacing (not more than 1 person per 4m<sup>2</sup> ).</li> <li>3, Seating is to be deliberately created to maintain social distancing.</li> <li>4. No hugging, holding, or tackling even in fun, amongst or with the young people</li> </ol>	<p><u>Gatherings</u></p> <p>*No restrictions on length of time of gatherings.</p> <p>*No restrictions on size of gatherings.</p> <p>*Continue to clean all hard surfaces</p> <p>*Wash and dry hands, cough into elbow, don't touch your face. Continue to make Hand sanitiser easily accessible</p> <p>*Physical distancing not essential but be mindful of it and choose activities that encourages it</p> <p>*Food and Drink While there are no restrictions be mindful of where food and drink are prepared, preferably from 1 source Continue to practice serving food and drinks in a manner that prevents multiple hands touching the food eg biscuits on a plate or everyone to grab</p>
<p><b>Hygiene Measures</b></p>	<p>ENJOY EVENT - HEAD HOME</p> <ol style="list-style-type: none"> <li>1.Have cleaning protocols in place for equipment and venue used prior to event and afterwards for</li> </ol>	<ol style="list-style-type: none"> <li>1.Have cleaning protocols in place for equipment and venue used prior to event</li> </ol>

	<p>other users. Reduce numbers of shared surfaces</p> <p>2. Hand hygiene for every person attending event with Hand Sanitisers on entry and exit to venues As well as dispersed in every room for use during event</p> <p>3. Where possible maintain distance of at least 1 metre at all times during event</p> <p>4. Allocate certain individuals to prepare and serve food and drink</p>	<p>and afterwards for other users</p> <p>2. Hand hygiene for every person attending event with Hand Sanitisers on entry and exit to venues As well as dispersed in every room for use during event</p> <p>3. Allocate certain individuals to prepare and serve food and drink</p>
<b>Camps</b>	<p>No <i>as a camp lasts longer than the recommended 2 hours per gathering</i></p>	<p>Govt recommends Pausing plans if dates are needing to be set</p>
<b>Sports</b> In Level 2 and Level 1 keep electronic sign in of everyone participating	<p><i>When using any equipment eg Balls Thoroughly clean before game, and afterwards Team players wash hands over 20 secs prior to game Hand sanitise half way through, avoid touching face.</i></p> <p><i>No hand shaking before or after games</i></p>	
Basket ball Netball Streetball	<p>Within youth group setting use Non-contact skills passing, shooting, team structure but no close contact/defending/attacking Play in small groups only</p>	<p>Basketball, Netball, Streetball allowed</p>
Volley Ball	<p>4 way Volley ball nets with 1 person per net <i>Draw a .5 metre line in each square in front of net (chalk or tape) and if ball fails to pass that line &amp; falls inside that line point goes to the player on that side of the net</i></p>	<p>Normal Volley ball allowed</p>
Dodgeball	<p>Space everyone 1 metres apart in outer circle <i>use chalk or tape on ground so players know where they are to stand</i> ensure circle is wide enough people within circle can stay at least 1 metre away for people at all times</p>	<p>Sports and recreational activities allowed</p>
Different games:	<p><b>FLOOR VOLLEY BALL</b> <i>can be used by creating grids players staying within them</i></p> <p><b>RELAYS</b> <i>avoid any contact between team members stand team lines with different teams over 1 metre apart and team members also over 1 metres apart, mark lines in floors to help maintain social distancing</i></p> <p><b>NO BULLRUSH</b></p> <p><b>NO MUSICAL CHAIRS</b> <i>interactions are too close</i></p>	<p>Whilst contact sports and recreational activities are allowed, Avoid games like Musical chairs etc... that encourages full on upper body face-to- face physical contact</p> <p>Bull Rush Allowed <i>recommend use of Tag Bull Rush</i></p>
Soccer	<p>Non-contact skills only— passing, shooting, headers. but no close contact/defending/attacking Play in Small groups (not more than 10 team members in total).</p>	<p>Soccer games allowed</p>

Rugby	Non-contact skills only— passing, shooting, headers. but no close contact/defending/attacking No Scrums Play in Small groups	Rugby games allowed <i>Use of Scrums still to be determined</i> <i>Recommend use of tag Rugby</i>
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